



My child is allergic to eggs/wheat/ dairy products/nuts...can they still stay for a school dinner?

Yes! Walton Priory Midi school dinners have provision for medical diets, we are committed to ensuring your child stays healthy and enjoys the social inclusion of having a school dinner.

If your child has an allergy, **please telephone or write to Mrs Gilly Foxley (Catering Supervisor) at the school** and let us know your child's **condition and intolerance**.

Healthy School Award

We are working hard to achieve the Healthy Schools Award. This is an exciting national initiative which aims to make a difference to the health and achievement of children and young people.

The National Healthy Schools Programme recognises the achievement of schools in four areas across the whole school approach and is focused on four key themes:-

Personal, social and health education
(PHSE)

Healthy Eating and drinking

Physical activity

Emotional health and well being

(including bullying)



If you have any further queries, please telephone or write to Mrs Gilly Foxley (Catering Supervisor) at the school.

How much is a school dinner?

The cost for a two course meal in middle schools is £2.00. Breakfast Club and Morning Break items start from 20p.

On some occasions we have to make alternative **emergency provision** to replace items on the menu. At the menu planning stage it is never our intention to do this, but unfortunately **unexpected problems** arise meaning we cannot always offer what is stated on the menu. In these cases our catering team will ensure they still provide your child with a **healthy alternative** that meets all our requirements and standards.

Why do you not always serve what is on the menu?

In school we operate a choice menu, there is a daily choice of a meat dish or a vegetarian dish.

Do you have vegetarian options on your menus?



Growing Up Healthy with Walton Priory



School Meals

Some Frequently Asked Questions



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Walton Priory Midi School Meals

Example of a Days Menu

Roast Chicken served
with Stuffing & Gravy
or
Curried Rice Pasties
or
Homemade Soup of the Day
Cheese Savoury Hot Baguette

Salad Bar

Creamed Potatoes
Roast Potatoes
Small Jacket Potatoes

Sweetcorn

Harvest Cake
served with Custard
Frozen Yoghurt Ice-Cream

Hot Deli Bar

Hot/Cold Filled Jacket Potatoes
Pasta King Pasta/Noodles + Sauce
+ Cookie, Yoghurt, Fruit + Drink

Cold Deli Bar

Salads, Sandwiches, Baguettes,
Wraps or Pitta Breads
+ Cookie, Yoghurt, Fruit + Drink

Breakfast Club

Every morning 8.20 to 8.45 am

This is so the children can have a healthy and nutritious start to the day, which fuels them to face the challenges ahead. Our catering staff, prepare and chill everything in advance, are on hand to help each child to make a healthy choice from the range available.

Price List

Cornflakes & Milk - 30p

1/2 Teacake - 30p

Crumpet - 25p

Toast - 20p

Fruit - 25p

Muller Yoghurt - 25p

Fruit Juice - 30p

Semi-Skimmed Milk 1/3 pt - 20p

Thick Milk Shake - 50p & 75p

A great way to start the day

Morning Break

Every morning 11.05 to 11.20 am

Mid Morning Break offers young people the opportunity to top up on the complex carbohydrates their bodies need to sustain energy levels throughout the day.

Price List

Everyday Items

Toast - 20p

Crumpet - 25p

1/2 Teacake - 30p

Fruit - 25p

Thick Milk Shake - 50p & 75p

Rotated Weekly Items

Oatcake & Cheese

Bacon Sandwich

Cheese & Bacon Tray Bake

Sausage Baps

Pizza Pin Wheels

Price from 60p to £1.20