



THE RIGHT STUFF STAFFORD TOWN AMATEUR BOXING CLUB

THE RIGHT STUFF – Stafford Town Amateur Boxing Club
1st Floor, the Emerald Club,
31 Marston Road,
Stafford, Staffs. ST16 3BT

Dear Parent/ Guardian,

The Right stuff boxing project now holds all female boxing sessions at its Stafford branch based at the Emerald club. The sessions are for female's aged eleven upwards and are held at the following times,

Wednesday 6.30pm-8pm

Saturday 10.30am-12pm

All levels of skills and ability are catered for, and whilst we do have registered female boxers that compete in Amateur contests no one is forced into participating into contact boxing, unless it is something they really wish to undertake and where age appropriate with parental consent.

The sessions whilst teaching the technique and skills of amateur boxing, also contain high levels of general fitness sessions with skipping, circuit training being regular features. It is intended that the sessions are fun, informative, and interactive and are as much about building self esteem and confidence, as developing competitive female boxers.

The cost of the sessions are £2 a time, however if your child receives free school meals, or is in local authority care please speak to myself as alternative means of funding the sessions may be available all matters will be treated in strictest confidence.

In keeping with the Right Stuff ethos of being community clubs and promoting young people positively all kit and equipment needed to participate in the sport can be earned by the participants by taking part in local projects that put something back into the community. This maybe a litter pick, gardening for the elderly or a community boxing display to promote the club. Such items as club T-shirts and Tracksuits can only be received this way and cannot be purchased separately. Therefore making them a symbol of achievement and commitment to the club and community.

We actively try to work with young people through the sport that have issues around anger control, bullying , self esteem, alcohol or substance issues and we have extensive close links with other professional bodies that specialise in these areas.

We feel that we offer a safe and encouraging environment that develops character and confidence as well as

Individual health and fitness,

Yours Faithfully

Pc 4007 Andy Whitehall

Project Leader

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